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# THE RED CROSS

IN CHARGE OF

JANE A. DELANO, R.N.

*Chairman of the National Committee on Nursing Service*

## RECREATION HOUSES FOR NURSES

Nurses in our cantonment hospitals will very soon be watching the white walls and red roofs of the new nurses' recreation houses taking shape and color.

The American Red Cross at the request and with the approval of the Surgeon General, has contracted for the erection and furnishing of forty such houses, which are in reality, club-houses for the nurses. They are distinct from the Red Cross Houses for Convalescents which are being built in connection with the base hospitals.

A general idea of their plan and appearance is given by the accompanying perspective. Most exacting care is being given to the comforts within. The main room (30 by 75 feet) will have a great open fireplace along one side; and though the room will ordinarily be used as a living room, it will also be adapted for an assembly hall and can be used for dances and receptions.

There will be a small balcony which may be utilized among other ways, for operating moving-pictures. From the great room will open a library, a sewing-room equipped with machines and all conveniences, a small laundry and a fully equipped kitchen. The furnishings throughout have been planned to the last detail. A piano and victrola, folding chairs for assembly purposes, the gold-brown walls and dainty lounges, even the lighting fixtures with their design suggesting the Red Cross, have been selected and combined to express a sense of home, and to supply the needs and add to the comfort of cantonment life.

The houses will connect with the nurses' quarters. As one of the Red Cross Convalescent Houses was erected exactly six weeks from the time the contract was let, it is hoped that there will be little delay in the completion of the recreation houses for the nurses.

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## THE "FIFTY-FIFTY" RULE

By order of the U. S. Food Administration:

With every pound of wheat flour sold at retail, there must be sold an equal weight of other cereals: Corn, oats, barley, rice, etc., etc., singly or in any assortment.

Taking in consideration the use of these other cereals in breakfast foods, puddings and so forth, as well as in bread-making, this means—in the average home—in comparison with ordinary use—a cupful less of wheat in the pound, a cupful more of the substitutes.

To the nation it means the fulfilment of our obligations.

To Europe—to our armies and the Allies and the friendly neutrals—it means safety from the scourge of starvation.